

<b>Title:</b>	<b>APRICOT</b>  <b>Attentive parental education for wise being &amp; co-being in changing times</b>		
<b>Purpose</b>	To improve the competency of parents and grandparents to develop the critical thinking (CT) & media literacy (ML) skills of their children or grandchildren.		
<b>Participants</b>	Parents & grandparents		
<b>Scope</b>	12 Bite-sized learning units		
<b>Time</b>	1 day of national training (or two half days)		
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To get acquainted with the topics of critical thinking, media literacy and digital literacy</li> <li>2. To learn new hands-on techniques and exercises on CT &amp; ML (Bite-sized learning tools) to do with their children/ grandchildren</li> <li>3. To explore interactive, participative approaches to parental education regarding CT &amp; ML</li> <li>4. To contribute to the project outputs development</li> <li>5. To share &amp; learn from each other</li> </ol>	<b>Results</b>	<ol style="list-style-type: none"> <li>1. Well acquired &amp; received main project idea, concepts, outcomes &amp; expected results</li> <li>2. New knowledge and skills acquired regarding CT &amp; ML by parents/grandparents and their children/grandchildren.</li> <li>3. Bite-sized learning tools learnt and tested in practice with children and grandchildren</li> <li>4. New suggestions, ideas &amp; tips for the project outputs received from the partners and grandparents attending national courses</li> <li>5. Increased network and support from other parents and grandparents attending national courses</li> </ol>

## Methodology

The methodology will be based on a mix of approaches:

1. Experiential learning and learning by doing
2. Bite-sized learning

1. **Experiential learning and learning by doing** approaches will be used in order to place the parents and children at the center of the learning, making them active actors of the learning.

The methodology will be based on David Kolb's experiential learning model.

I. **Concrete experience.** The parents and children will read together the instructions of the challenge / step-by-step guidelines.

II. **Reflection observation.** Guiding questions to encourage reflections during and after the experience.

III. **Conceptualization** - Guiding questions to reach conclusions.

IV. **Active experimentation.** Suggestions on how to implement the learning in future real-life situations.

The "5 Questions" model can be used:

- Did you notice?
- Why did that happen?
- Does that happen in life?
- Why does that happen?
- How can you use that?

## 2. Bite-sized learning

Teaching by means of bite-sized learning tools is related to the trend of microlearning, which is an emergent informal learning strategy intended to quickly close gaps in knowledge and skills, in the context of completing a task. The BSL tools and microlearning have emerged to adapt to the lifestyles and rhythm of life in modern society.

Each Bite sized tool created will contain a small piece of content and will focus on one learning objective only, as it is intended to reflect a single concept or idea by means of a range of sources such as: varied media format ranging from a YouTube video to a Wikipedia entry, blogs, wikis, video courses and lessons, tutorials, infographics, TEDTalks, Slideshare presentations and other Open Educational Resources (OER) collected from the Internet. Some will also be worksheets, real-life examples and step-by-step guidelines.

The Bite sized tools will engage learners in self-paced learning activities to find immediate

answers to questions that arise in completing a task such as “how does this work?”, or “what does this mean?”, or “who said that?”.

Some of the BSL tools will have the format of challenges, so that learners can follow some step-by-step guidelines to reach a goal. The BSL tools will therefore encourage learners to ask themselves more questions and increase their critical thinking skills.

The BSL tools are facilitated through Web 2.0 and mobile access and the communication through social media technologies (e.g., Whatsapp, Facebook, Twitter) provides new ways of learning through collaboration and cooperation, which is very important especially for the disadvantaged parents and grandparents, who might be reluctant to enroll in a formal online course.

<p><b>Methodological recommendations</b></p>	<ul style="list-style-type: none"> <li>● The exercises and Bite-sized learning tools chosen should be motivating and interesting to do, to learn by doing.</li> <li>● The format of the BSL tools should put the parents at the same level as their children/grandchildren, so they don't have to pretend they know something they don't.</li> <li>● The BSL tools chosen will indirectly improve the family relations as the activities should be implemented by parents/grandparents together with their children.</li> <li>● <b>Everyone is a learner.</b> Parents/grandparents and children actively share the responsibility for creating and participating in the learning experience (the preparation, workload etc.). The parents have now the freedom to learn together with their children, while still taking responsibility for a successful learning experience. Children continue to learn but now can take the lead in defining how to solve the task/challenge, searching for extra information etc.</li> <li>● <b>Time:</b> the activities should be short, simple and easy to read and understand by all types of parents and grandparents (max 15 minutes to read).</li> <li>● <b>Content:</b> small or very small units, narrow topics, simple issues (one issue at a time)</li> <li>● <b>Curriculum:</b> sub-topics. The activities should be based on current topics that don't become obsolete or can easily be updated by parents.</li> <li>● <b>Form:</b> challenges, tasks, step-by-step guidelines. The activities should be flexible, customizable.</li> <li>● <b>Process:</b> Read the instructions to follow. Act. Reflect. Self-assess.</li> <li>● <b>Media:</b> text, text files, videos, links, infographics, images, etc.</li> </ul>
<p><b>Evaluation, assessment &amp; improved competencies</b></p>	<p>Each bite-sized learning unit will include questions for self-assessment and reflection on the knowledge and skills acquired.</p>
<p><b>Certification</b></p>	<p>The participants on the national pilot courses will get course attendance certificates issued by the partnership.</p>
<p><b>Registration</b></p>	<p>Parents and grandparents (and the general public) don't need to register in order to access the materials available as OER (Open Educational Resources).</p> <p>The registration for national courses is upon decision of national project teams</p>

**Materials and  
initial  
preparation**

The material for the national courses will be provided by each partner in their language. The specific requirements for national course participants are going to be set by national teams.